

NOVEMBER 2016  
NEWS

# BAYVIEW EDUCATION CENTRE

Bayview Education Centre would like to welcome Estelle MacArthur to our teaching staff & we wish Lisa MacEachern all the best in her new position!



As a young girl, *Malala* Yousafzai defied the Taliban in Pakistan and demanded that girls be allowed to receive an education. She was shot by a Taliban gunman in 2012, but survived and went on to receive the Nobel Peace Prize. Inspired by Malala's story, Bayview student Haley Organ took a vow of silence for a day, a symbolic gesture to represent the human rights violations of those whose voices are never heard. Some months later, Haley's aunt Deborah Gillis, CEO of *Catalyst*, an organization that advocates for women in the workplace around the world, was speaking at A *Catalyst* awards dinner in front of many political and business people including Prime Minister Trudeau. A CEO of a Swiss company doing work similar to *Catalyst's*, was inspired when Deborah shared her niece's day of silence story. He invited Deborah to visit his employees in Switzerland and as a thank you, made a donation to the Malala Fund on behalf of Deborah and *Catalyst*. Bayview proudly salutes young change maker Haley Organ, who shows us how local action can have global impact!

## Christmas Feast on December 14<sup>th</sup>

Roast Turkey Dinner with mashed potatoes, stuffing, gravy, vegetables, Christmas cookie and milk ~ \$6.00

Please pre-order by December 12<sup>th</sup>.

## BAYVIEW REMEMBERS





We had our Milk Sport Activity Day on Friday - November 25 for Primary to Grade 6 students. Each grade had a chance to participate in activity based learning around nutrition and healthy eating. Elaine was our presenter and shared lots of resources to bring back to our classrooms. The students enjoyed the interactions in the gym and the learning of food groups, calorie counting. It was a great interactive day! For more information you can check out: [www.teachnutrition.ca](http://www.teachnutrition.ca)

Little Learners (formerly Ready to Learn) will be held at Bayview on Monday and Tuesday mornings from 9:30-11:30 a.m. beginning early January. Please contact Cathy MacMillan for further information@258-3002.



As you know, here at Bayview Education Centre we are working very hard at improving our attendance! We would also like to note the importance of arriving at school on time. Being on time ensures students don't miss out on any early morning fun with their peers. It also helps students settle for the school day and makes transitioning into beginning class easier. Even being 5 minutes late can be disruptive to other students and the flow of the classroom.

**Here are some helpful tips for arriving on time:**

- Prepare things such as lunches, clothing, outdoor clothing, school bag with homework and books the night before.
- Have breakfast planned the night before and set out if possible.
- Have a set bedtime and routine to reduce sleepy eyes for the next day. Limiting "screen time" 1hr prior to bed helps prepare children's brains for sleep.
- Allow children an hour in the morning before needing to leave for school if possible.
- Prepare a visual routine chart for young children to remind them what they need to do in the morning before school.
- Resist use of "screens" in the morning OR allow 5-10mins as a REWARD once your child has done what s/he had to do to be ready to leave for school.
- Take breakfast to go or use the breakfast program if your child is slow to eat or refuses to eat.
- Provide an incentive or reward for being on time for school (e.g., special family time or activity afterschool).

**school  
breakfast  
program**

Our breakfast Program will continue next week from 8:30am-8:50am and will be led by volunteers and not teaching staff. The food will not be a hot breakfast but more grab and go items.

**Last day of classes before Christmas break is Wed, Dec 21<sup>st</sup>.**

**School resumes Tues, Jan 3<sup>rd</sup>.**

